

 **BIRCH BAY ROAD RACE 2012 ENTRY FORM**

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**PLEASE CHECK ONE:**

**5 K (run or walk)**     **15 K (run or walk)**     **30 K (run only)**

**First Name:** \_\_\_\_\_ **Last Name:** \_\_\_\_\_

**Sex (M/F):** \_\_\_\_\_ **Age (on March 31/12):** \_\_\_\_\_ **Date of Birth: M/D/YR** \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

**Shirt Size:** XS  S  M  L  XL (unisex)

**Address:** \_\_\_\_\_ **City:** \_\_\_\_\_

**State/Prov:** \_\_\_\_\_ **Zip/Postal Code:** \_\_\_\_\_ **Country:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Phone: ( )** \_\_\_\_\_

**Medical conditions we should be aware of:** \_\_\_\_\_

**ENTRY FEES (NO REFUNDS) US FUNDS**

	Before January 15	January 16 - March 19	March 20 - 31
5K	\$25	\$30	\$35
15K	\$40	\$50	\$60
30K	\$55	\$65	\$75

**CLUB NAME:** \_\_\_\_\_

**(must be a formal running club ie Greater Bellingham Running Club to receive discount)**

**CLUB DISCOUNT: 10% off each entry**

**Total Entry Fee:** \_\_\_\_\_ **(less 10% if a Club Member)**

**FEES INCLUDE T-SHIRT, RENTAL OF TIMING CHIP, ON COURSE SUPPORT & POST-RACE FOOD. 5K receive a Cotton T-Shirt. 15K & 30K receive a Technical T-shirt.**

**Please make checks payable to:**

**TOTAL HEALTH EVENTS**

**2132 Westlake Ave N., #124, Seattle, WA 98109**

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IN CONSIDERATION of the acceptance of my application and the permission to participate as an entrant or competitor in the BIRCH BAY ROAD RACE 5K, 15K or 30K, I, for myself, my heirs, executors, administrators, successors and assigns, HEREBY RELEASE, WAIVE AND FOREVER DISCHARGE Total Health Events LLC, all sponsors, contributors, contractors, employees, sanctioning bodies OF AND FROM ALL claims, demands, damages, costs, expenses, actions and causes of action, whether in law or equity, in respect of death, injury, loss or damage to my person or property HOWEVER CAUSED, arising or to arise by reason of my participation in the said event, whether as a spectator, participant, competitor or otherwise, whether prior to, during or subsequent to the event, AND NOTWITHSTANDING THAT THE SAME MAY HAVE BEEN CONTRIBUTED TO, OR OCCASIONED BY, THE NEGLIGENCE OF ANY OF THE AFORESAID. I FURTHER HEREBY UNDERTAKE TO HOLD AND SAVE HARMLESS and AGREE TO INDEMNIFY all of the aforesaid from and against any and all liability incurred by all of them as a result of, or in any connected with, my participation in the said event. BY SUBMITTING THIS ENTRY I ACKNOWLEDGE HAVING READ, UNDERSTOOD AND AGREED TO THE ABOVE WAIVER, RELEASE AND INDEMNITY I WARRANT that I am physically fit to participate in the event.

**PRINT NAME:** \_\_\_\_\_

**SIGNATURE:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

**GUARDIAN SIGNATURE (if 16 or younger):** \_\_\_\_\_